

Greater Newburyport Area - Free Groceries

Amesbury (Monday, Tuesday, Wednesday, Thursday, Friday, Saturday)

Community Action 44 Friend St. Amesbury 978-388-2570	Mon: 9:00am – 3 pm Tue: 9:00am – 3 pm Thu: 11:00am – 6 pm	<ul style="list-style-type: none"> ✓ Residents of Newburyport, Newbury, Byfield, Amesbury, Salisbury, West Newbury, Merrimac. ✓ Twice Per Month. Call ahead. Hallway pickup (Clothing is also available.)
Our Neighbors Table Market (Jarvis-Taylor Center) 194 Main St. Amesbury 978-388-1907	Wed: 10:00 - 4:00pm Thu: noon - 6:00pm Fri: 9:00am -3:00pm Sat: 9:00am -1:00pm	<ul style="list-style-type: none"> ✓ Residents of Amesbury, South Hampton, Boxford, Byfield, Newbury, Newburyport, West Newbury, Groveland, Georgetown, Merrimac, Rowley, Salisbury ✓ Once per week. Call ahead to order. ✓ Curbside pickup.
Our Neighbors Table Market (Heritage Towers & Heritage Vale) 180 Main St. Amesbury 978-388-1907	Wed: 9:30 - 10:30am First and third Wednesdays only	<ul style="list-style-type: none"> ✓ Serves Heritage Towers and Heritage Vale residents only. ✓ Call first.
Our Neighbors Table Market (at Powwow Villa) 26 Summer St. Amesbury 978-388-1907	Wed: 9:30 - 10:30am First and third Wednesdays only.	<ul style="list-style-type: none"> ✓ Serves Powwow Villa residents only ✓ Call first.
Our Neighbors Table Home Delivery Amesbury Council on Aging 978-388-8138	Call for appointment	<ul style="list-style-type: none"> ✓ Amesbury residents only ✓ Available for homebound individuals ✓ Contact Council on Aging to apply

Merrimac (Wednesday)

Merrimac Council of Aging 100 East Main St. Merrimac 978-346-9549	Wed: 10:30am-noon	<ul style="list-style-type: none"> ✓ Merrimac residents only ✓ 2nd and 4th Wednesdays ✓ Call to request delivery.
ONT/Merrimac Sweetsir Elementary School 104 Church Street, Merrimac 978-388-1907	Sat: 9-10:30 am First and third Sat only	<ul style="list-style-type: none"> ✓ Merrimac residents only ✓ Must pre-order by Friday ✓ Curbside pickup.

Newbury (Friday)

First Parish Newbury Food Pantry 20 High Road Newbury 978-358-1077	Delivery 10-1:30 pm, Pickup 2:30 - 5:00pm	<ul style="list-style-type: none"> ✓ Serves Newbury, Byfield, Newburyport, West Newbury, Ipswich, Rowley, Salisbury. ✓ Pre-order online or by phone from noon Wed to 7 pm Thurs.
---	--	--

Newburyport (Monday, Tuesday, Wednesday, Thursday, Friday)

The Salvation Army 40 Water St. Newburyport 978-465-0883	Mon-Fri 9am -2 pm	<ul style="list-style-type: none"> ✓ Newburyport, Newbury, Byfield, West Newbury, Amesbury & Salisbury ✓ Call ahead for curbside pickup.
Our Neighbors' Table Newburyport Hope Church 11 Hale St. Newburyport 978-388-1907	Thurs 10 am -noon	<ul style="list-style-type: none"> ✓ Residents of Newburyport, Newbury, Byfield & West Newbury. ✓ Call ahead. Curbside pickup.

Rowley (Tuesday, Thursday)		
The Rowley Food Pantry 153 Main St. Rowley 978-238-6264	Tue: 10:00am - noon Thu: 5:30 - 7:00pm	<ul style="list-style-type: none"> ✓ Rowley residents only ✓ Once per week ✓ Located at Rectory of First Baptist Church - rear door ✓ Curbside pickup.
Salisbury (Tuesday, Wednesday)		
Pettengill House 13 Lafayette Rd. Salisbury 978-463-8801 Call for appointment (no one turned away)	Tue: 9:00am - 3pm 4:00pm – 6 pm Wed: 9:00am – 1pm	<ul style="list-style-type: none"> ✓ Residents of Amesbury, Byfield, Newbury, Newburyport, Merrimac, West Newbury, Groveland, Rowley, Salisbury ✓ Call ahead. Curbside pickup ✓ Delivery available if unable to pickup.
West Newbury (Monday)		
West Newbury Council of Aging Pantry 381 Main St. West Newbury 978-363-1104	First and third Mondays By appointment	<ul style="list-style-type: none"> ✓ Everyone is welcome (no restrictions) ✓ Call first. Curbside pickup. ✓ Delivery to senior housing available.

Greater Newburyport Area - Free Meals		
Monday	Among Friends at St. Paul's Church 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by noon.	Takeout and limited delivery of dinner from 5:00pm-6:00pm
Tuesday	Among Friends at St. Paul's Church 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by 9 am.	Takeout and limited delivery of lunch from 11:00am-12:30pm
	Immaculate Conception Church 42 Green Street, Newburyport-Tel: 978-462-2724	Takeout dinner from 5:00pm-6:00pm.
Wednesday	The Salvation Army 40 Water St., Newburyport - Tel: 978-465-0883	
	Our Neighbors' Table at Main Street Congregational Church. 145 Main St., Amesbury - Tel: 978-388-1907	Takeout dinner from 4:00pm-6:00pm
Thursday	The Salvation Army 40 Water St., Newburyport - Tel: 978-465-0883	Takeout dinner from 5:00-5:30 pm at parking lot door.
Friday	Among Friends at St. Paul's Church 166 High St., Newburyport - Tel: 978-465-5351 For delivery call by 9 am.	Takeout and limited delivery of lunch from 11:00am-12:30pm
Saturday	Central Congregational Church 14 Titcomb St., Newburyport - Tel: 978-465-0533	Takeout breakfast from 8:00am-10:00am (Breakfast not held in June, July and August)
Sunday	Old South Presbyterian Church 29 Federal Street, Newburyport - Tel: 978-465-9666	Takeout lunch from 11:30 -12:30pm

For homebound individuals aged 60+ or qualified adults with disabilities, Meals on Wheels is available. Sign up through Elder Services at 800.892.0890.