

## FREE GROCERIES IN GREATER NEWBURYPORT (COVID-19)

### Monday-Amesbury, Newburyport, West Newbury

<p><b>Community Action, Inc.</b> 44 Friend St., Amesbury - Tel: 978-388-2570 Hours: 9:00am-3:00pm</p>	<p>* Serves Merrimac, Amesbury, Salisbury, Newburyport, Newbury, Byfield, and West * Call before coming. Hallway pickup.</p>
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<p><b>The Salvation Army</b> 40 Water St., Newburyport - Tel: 978-465-0883 Hours: 1:00pm-3:45pm</p>	<p>* Serves Newburyport, Newbury, West Newbury, Amesbury, Salisbury and Byfield * Call first. Curbside pickup. (2X/month)</p>
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<p><b>West Newbury Pantry at Council on Aging</b> 381 Main St, W. Newbury - Tel: 978-363-1104 Hours: 9:00am-10:30am</p>	<p>* All welcome. Delivery to senior housing avail. * 1st, 3rd &amp; Mondays and by appointment Call first. Curbside pickup.</p>
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### Tuesday-Amesbury, Newburyport, Salisbury, Rowley

<p><b>Community Action, Inc.</b> 44 Friend St., Amesbury - 978-388-2570 Hours: 9:00am-3:00pm</p>	<p>* Serves Merrimac, Amesbury, Salisbury, Newburyport, Newbury, Byfield, and West * Call before coming. Hallway pickup.</p>
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<p><b>The Pettengill House, Inc. Food Pantry</b> 13 Lafayette Rd., Salisbury. Tel: 978-463-8801 Please arrive 1/2 hour before close Hours: 9:00-2:00 &amp; 4:00-6:00</p>	<p>* Serves Amesbury, Groveland, Merrimac, Newburyport, Rowley, Salisbury, Byfield, Newbury and West Newbury Call first. Curbside pickup.</p>
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<p><b>The Rowley Food Pantry</b> 153 Main Street, Rowley - Tel: 978-238-6264 Hours: 10:00am-12:00pm</p>	<p>* Serves Rowley residents * Rectory of First Baptist Church - rear door Every two weeks</p>
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### Wednesday - Amesbury, Newburyport, Merrimac, Salisbury

<p><b>Our Neighbors' Table at Heritage Towers &amp; Heritage Vale, Amesbury</b> - 978-388-1907 Hours: 9:30am-10:30am</p>	<p>* Serves Heritage Towers and Heritage Vale residents only 1st and 3rd Wednesdays.</p>
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<p><b>Our Neighbors' Table Market-Powwow Villa, Amesbury</b> - Tel: 978-388-1907 Hours: 9:30am-10:30am</p>	<p>* Serves Powwow Villa residents only * 1st and 3rd Wednesdays</p>
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<p><b>The Pettengill House, Inc. Food Pantry</b> 13 Lafayette Rd., Salisbury. Tel: 978-463-8801 Please arrive 1/2 hour before close Hours: 9:00-1:00pm</p>	<p>* Serves Amesbury, Groveland, Merrimac, Newburyport, Rowley, Salisbury, Byfield, Newbury and West Newbury SENIORS only. Call first, curbside pickup.</p>
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<p><b>Merrimac Council on Aging</b> 100 E Main St, Merrimac - Tel: 978-346-9549 Hours: 10:30-12 noon</p>	<p>* Merrimac residents only. 2nd and 4th Wednesdays delivery of food packages. Must call to request delivery</p>
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<p><b>The Market at Our Neighbor's Table</b> Jarvis-Taylor Center; 194 Main St., Amesbury Hours: 10-4pm - Tel: 978-388-1907 once per week</p>	<p>* Amesbury, South Hampton, Boxford, Merrimac, Newburyport, Salisbury, Newbury, Byfield, W. Newbury, Groveland, Rowley, Georgetown * Call ahead. Curbside delivery</p>
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<b>The Salvation Army</b> 40 Water St., Newburyport - Tel: 978-465-0883 Hours: 1:00pm-3:45pm	* Serves Newburyport, Newbury, West Newbury, Amesbury, Salisbury and Byfield * 2X per month. Call ahead. Curbside del.
<b>Thursday-Amesbury, Newburyport, Rowley</b>	
<b>Community Action, Inc.</b> 44 Friend St., Amesbury - 978-388-2570 Hours: 11:00am-6:00pm	* Serves Merrimac, Amesbury, Salisbury, Newburyport, Newbury, Byfield, and West * Call ahead. Hallway pickup
<b>Our Neighbors' Table NBPT</b> Nock Middle School, Low St. NBPT Hours: 10:00am-12:00pm	* Serves Newburyport, Newbury, Byfield and West Newbury. 1X per week * Call ahead Curbside delivery
<b>The Market at Our Neighbors' Table</b> Jarvis-Taylor Center; 194 Main St., Amesbury Hours: noon-6 pm - Tel: 978-388-1907 1 X per week	* Amesbury, South Hampton, Boxford, Merrimac, Newburyport, Salisbury, Newbury, Byfield, W. Newbury, Groveland, Rowley, Georgetown * Call ahead. Curbside delivery
<b>The Rowley Food Pantry</b> 153 Main Street, Rowley - Tel: 978-238-6264 Hours: 5:30pm-7:00pm	* Serves Rowley residents - every two weeks * Rectory of the First Baptist Church - rear door
<b>The Salvation Army</b> 40 Water St., Newburyport - Tel: 978-465-0883 Hours: 1:00pm-3:45pm	* Serves Newburyport, Newbury, West Newbury, Amesbury, Salisbury and Byfield * Call first. Curbside pickup. (2X/month)
<b>Friday - Amesbury, Newbury, Salisbury</b>	
<b>First Parish Church of Newbury</b> 20 High Rd, Newbury, Tel: 978-358-1077 Hours: 3:00pm-5:00pm	* For Newbury, West Newbury, NBPT, Rowley * Curbside pickup 3-5. Local deliveries. Must pre-order by phone or online by 7 pm Thurs.
<b>The Market at Our Neighbors' Table</b> Jarvis-Taylor Center; 194 Main St., Amesbury Hours: 9:00pm-3 pm - Tel: 978-388-1907 1X per week	* Amesbury, South Hampton, Boxford, Merrimac, Newburyport, Salisbury, Newbury, Byfield, W. Newbury, Groveland, Rowley, Georgetown * Call ahead. Curbside delivery
<b>Saturday-Amesbury &amp; Merrimac</b>	
<b>The Market at Our Neighbors' Table</b> Jarvis-Taylor Center; 194 Main St., Amesbury Hours: 9:00pm-1 pm - Tel: 978-388-1907 1X per week	* Amesbury, South Hampton, Boxford, Merrimac, Newburyport, Salisbury, Newbury, Byfield, W. Newbury, Groveland, Rowley, Georgetown * Call ahead. Curbside delivery
<b>ONT/Merrimac Sweetsir Elem School</b> 104 Church St., Merrimac - 978-388-1907 Hours: 9:00am-10:30am	* Serves Merrimac residents only * Call ahead. Curbside delivery. Must pre-order by Friday. First and third Saturdays