Pennies’ Grocery Cart Challenge
Suggestion items for Donation

Why summer is a time of high need & demand for the pantries? School is out. As a result, family food budgets increase significantly and summer activities and vacations lead to diminished food donations.

Please consider bringing items from the following list to donate at Pennies’ Grocery Cart Challenge. Thank you!

Non-Perishable Groceries

Cereals (popular – Cheerios, Special K, Life, Raisin Bran, Corn Flakes, Shredded Wheat & Granola)
Peanut butter & jelly
Spaghetti sauce & pasta
Macaroni & cheese
Rice mixes
Healthy snacks for kids’ lunches (power bars, fruit snack packs, nuts, raisins, fruit cups, etc.)
Soups
Canned vegetables, fruits & beans
Trash bags
Dish detergent
Aluminum foil, wax paper, sandwich bags, etc.
Coffee
Flour
Sugar
Condiments – ketchup, mustard, Miracle Whip, mayonnaise, salad dressing, etc.

Personal care items

Laundry detergent
Shampoo & conditioner
Deodorant
Toothpaste & toothbrushes
Feminine hygiene products
Toilet paper
Baby diapers (all sizes)
Adult disposable panties